PROFESSIONAL EXPERIENCE

My experience ranges from evaluating and counseling children with drug abuse problems, to working with patients dealing with traumatic brain injuries. Because of my experience at large hospitals, I have considerable expertise in helping people deal with the emotional impact of a variety of medical disorders. I was instrumental in helping to develop and launch the Traumatic Brain Injury Unit at Jamaica Hospital Medical Center.

My career as an individual counselor has allowed me to work with adults and couples struggling with anxiety, depression, eating disorders, PTSD, intimacy, infidelity. I have specialized expertise and training in using EMDR (link) and DBT (link)

I interned at South Beach Psychiatric Hospital, New York University/Bellevue Hospital and the Rusk Center for Rehabilitation Medicine. I was later Senior Psychologist on the Rehabilitation Unit at Bellevue Hospital and Chief of Behavioral Science on the Rehabilitation Unit at Jamaica Hospital Medical Center. I have supervised clinical services that included other psychologists, medical residents, vocational counselors and cognitive remediation professionals. My experience is quite broad.